

## TERM 1 Newsletter

MADE FOR THE COMMUNITY, BY THE STUDENTS

### 1st Edition 4th of March 2022

address: Cnr Boardwalk Boulevard & Bergamot Drive, Point Cook, Vic, 3030 postal: PO Box 6520, Point Cook, Vic, 3030

# Principal's Report

### **Respect Effort Responsibility**

**School Vision:** Every student will be supported through high quality teaching and learning practices in achieving successful outcomes and a pathway of their choice.

### **Strive for Success - Attend Today Achieve Tomorrow**

Welcome back to on-site learning at school, I am so happy to see all our students back enjoying their friends company and working with our staff to achieve successful outcomes. It's been a very positive start to the year, let's hope it continues this way. We have only been back at school for half a term but the prospects for look good for a year of on-site learning.

There have been some significant changes to the way we approach the COVID19 pandemic in schools this year including:

- free rapid antigen testing
- · reporting and managing positive results
- · staffing arrangements
- ventilation
- vaccination.

The first is the supply, distribution and use of Rapid antigen Testing kits and our response to positive cases. Hopefully, we won't have a situation where schools are closed down for lengthy periods of time in 2022. We also have 38 new Air Purifiers in the schools which have been deployed throughout the buildings. It's very important that we remember the pandemic is still going on and simple but essential things like hand hygiene, staying home when ill and social distancing when possible will help us keep case numbers at a minimum.

The DET has had a focus on Safety in Schools, particularly parents/school interaction. I have informed all parents and carers via Compass about this initiative and we have posted the relevant posters around the school in offices and the foyer. Everyone in the school community has a right to a safe and healthy learning environment and workplace. As we adjust to learning onsite, with health and safety measures that prevent the spread of COVID-19, it's important that adults in school communities continue to treat each other with respect and kindness. Instances of violence and aggression towards school staff from parents, carers or other adult members of the school community can have a significant impact on the health, safety and wellbeing of the person who experiences this, as well as those around them.

The impact can also be felt by the wider school community.

This year we will be completing our School Review which occurs every four years, we will be asking all levels of the school community to contribute to the process throughout terms 1 and 2.

The 2022 School Council Election process has also begun, I recently sent out a Compass note calling for parent and student nominations, if you missed it please see the notice in this newsletter.

- Regards, Mr Chris Mooney Principle

## Form 1: new schools – notice of first school council election and call for nominations

An election is	s to be condu	icted for mem	pers of the s	chool council c	of (school no	ime below)	
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Nomination forms may be obtained from the school and must be lodged by 4.00pm on

16 /03 / 22 (insert day, month and year).

The ballot will close at 4.00pm on

23 /03 / 22 (insert day, month and year).

Following the closing of nominations, a list of the nominations received will be posted at the school.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

MEMBERSHIP CATEGORY	TERM OF OFFICE	NUMBER OF POSITIONS
Parent member – one-year term of office	From the day after the date of the declaration of the poll in 20to and inclusive of the date of the declaration of the poll in 20	~/A
Parent member – two-year term of office	From the day after the date of the declaration of the poll in 20.22 to and inclusive of the date of the declaration of the poll in 20.24	6
School employee member – one-year term of office	From the day after the date of the declaration of the poll in 20to and inclusive of the date of the declaration of the poll in 20	~/4.
School employee member – two-year term of office	From the day after the date of the declaration of the poll in 20.22 to and inclusive of the date of the declaration of the poll in 20.24	_
Student member – one-year term of office	From the day after the date of the declaration of the poll in 20to and inclusive of the date of the declaration of the poll in 20	N/A.
Student member – two-year term of office	From the day after the date of the declaration of the poll in 20to and inclusive of the date of the declaration of the poll in 20	A

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

Principal signature

Christopher Mooney

### Respectful Relationships Commitment Statement

Point Cook Senior Secondary College is committed to creating a safe and inclusive environment that promotes gender equality, celebrates diversity and encourages respectful and healthy relationships. Through the teaching of Respectful Relationships, the school will influence the development of a healthy community culture.

### As part of this commitment:

- Our principal will actively promote gender equality and speak out against genderbased violence.
- Our school will provide:
- professional learning for leadership staff for the planning and implementation of the whole school approach to promote respectful relationships and gender equality
- professional learning for teachers delivering Respectful Relationships curriculum in the classroom
- professional learning for all school staff on gender equality, the prevention of gender-based violence and Respectful Relationships Education.
- Our school will undertake a thorough assessment and planning process to identify gaps and limitations in existing culture, policies and practices in gender equality.
- Our school will create mechanisms for staff feedback on gender equality in the workplace.
- Our school will identify, resource and implement key actions to promote gender equality and prevent gender-based violence.
- Our school will engage with external experts for advice and support in promoting gender equality and respectful relationships among staff and students.
- Our school will build partnerships with expert family violence services to increase school capacity to respond to students and staff who experience, witness or perpetrate gender-based violence.
- Our school commits to continual improvement and evaluation of Respectful Relationships Education.

Signed:	Chris Mooney		
,	(Principal)		
Date:	1/2/22		

## **Privacy Collection** Notice

The Department of Education and Training (the Department) values your privacy and is committed to protecting the personal and health information that schools collect.

All school staff must comply with Victorian privacy law and the Schools' Privacy Policy. This notice explains how the Department, including Victorian government schools (schools), handles personal and health information. On occasion, specific consent will be sought for the collection and use of information, for example, for a student to receive a health service. Our schools are also required by legislation, such as the Education and Training Reform Act 2006, to collect some of this information.

Throughout this notice, 'staff' includes principals, teachers, student support service officers, youth workers, social workers, nurses and any other allied health practitioners, and all other employees, contractors, volunteers and service providers of the school and the Department.

On enrolment, and during the ordinary course of a student's attendance at a school, schools will collect information about students and their families for the following purposes:

- educating students
- supporting students' social and emotional wellbeing, and health
- fulfilling legal obligations, including duty of care, anti-discrimination law and occupational health and safety law
- communicating and engaging with parents
- student administration
- school management
- supporting policy in relation to student education and wellbeing.

If this information is not collected, schools may be unable to provide optimal education or support to students or fulfil legal obligations.

For example, our schools rely on parents to provide health information about any medical condition or disability that their child has, medication their child may take while at school, any known allergies and contact details of their child's doctor. If parents do not provide all relevant health information, this may put their child's health at risk.

Our schools also require current, relevant information about all parents and carers so that schools can take account of safety concerns that affect their children. Parents should provide schools with copies of all current parenting plans and court orders about or that affect their children and provide updated copies when they change.

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achievement

program















## Privacy Collection Notice (cont.)

When parents enrol their child in primary school, they will be asked to provide personal and health information in several ways, including via the Enrolment Form, the School Entrance Health Questionnaire (SEHQ) and the Early Childhood Intervention Service (ECIS) Transition Form.

The Enrolment Form is used to collect information that is essential for the purposes listed above, and requests information such as:

- Emergency contacts Individuals parents nominate for a school to contact during an emergency. Parents should ensure that their nominated emergency contact agrees to their contact details being provided to the school and that they understand their details may be disclosed by the Department if lawful, e.g. in the case of emergency communications relating to bush fires or floods.
- Student background information Information about country of birth, Aboriginal or Torres Strait Islander origin, language spoken at home and parent occupation. This information enables the Department to allocate appropriate resources to schools. The Department also uses this information to plan for future educational needs in Victoria and shares some information with the Commonwealth government to monitor, plan and allocate resources.
- Immunisation status This assists schools to manage health risks and legal obligations. The Department may also provide this information to the Department of Health and Department of Families, Fairness and Housing to assess immunisation rates in Victoria, but not in a way which identifies students.
- Visa status This is required to process a student's enrolment.

All schools may use departmental systems and online tools such as apps and other software to effectively collect and manage information about students and families for the purposes listed above.

When schools use these online tools, they take steps to ensure that student information is secure. If parents or carers have any concerns about the use of these online tools, please contact the school.

School staff will only share student and family information with other school staff who need to know to enable them to educate or support the student as described above. Information will only be shared outside the school (and outside the Department) as required or authorised by law, including where sharing is required to meet duty of care, anti-discrimination, occupational health and safety, and child wellbeing and safety obligations. The information collected will not be disclosed beyond the school and Department without parent consent unless such disclosure is lawful.

When a student transfers to another school (including Catholic, independent and interstate), personal and/or health information about that student may be transferred to the next school. Transferring this information is in the best interests of the student and assists the next school to provide the best possible education and support to the student. For further detail about how and what level of information is provided to the next school, refer to the: Enrolment: Student transfers between schools

Schools only provide school reports and ordinary school communications to students, parents, carers or others who have a legal right to that information. Requests for access to other student information or by others must be made by lodging a Freedom of Information (FOI) application.

To update student or family information, parents should contact their school.

For more information about how schools and the Department collect and manage personal and health information, or how to access personal and health information held by a school about you or your child, refer to the: Schools' Privacy Policy

## GOVID-19 Vaccinations

COVID-19 third dose vaccinations are now available to 16-17-year-olds

COVID-19 third-dose vaccinations are now available to 16-17 year olds who had their second dose of a COVID-19 vaccine three or more months ago.

Supporting as many eligible students as we can to be vaccinated will help make our school as safe as possible.

Getting vaccinated is one of the most important steps we can all take to get direct protection against COVID-19.

How to book an appointment

There are many convenient and accessible options to access vaccinations. These include state-wide vaccination clinics, your local GP or pharmacy.

You can book your appointment in a few different ways, including: \* online: coronavirus.vic.gov.au/vaccine \* by phone: 1800 675 398 (Coronavirus Hotline) \* using the COVID-19 Vaccine Clinic Finder - COVID-19 Vaccine Clinic Finder | Australian Government Department of Health

\* In person: talk to your local pharmacy, doctor, or attend one of the State Vaccination Centres.https://www.coronavirus.vic.gov.au/vaccination-information-children-and-teenagers

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## Careers

The careers office has commenced 2022 with great celebration! We are very proud to announce that during January & February 182 PCSSC students received a University or TAFE course offer, this was a College record. Therefore despite the pandemic and numerous lockdowns, our students have displayed significant resilience and hope towards their future career aspirations.

Point Cook Senior students were accepted into an array of tertiary courses at a variety of institutions including; Australian Catholic University, Box Hill Institute, Deakin College: Deakin University, Federation University, Kangan Institute, La Trobe College, La Trobe University, Melbourne Polytechnic, Monash College, Monash University, The University of Queensland University, RMIT University, SAE, Swinburne University, The University of Melbourne, Victoria University and William Angliss Institute.





Furthermore, congratulations to Leighton Dunstan whom was recently awarded the University of Melbourne's Principal Scholarship and Saaransh Mahay who was awarded a Western Chances scholarship.

We are also very excited to announce that many students from the class of 2021 have secured an apprenticeship, traineeship and employment. We look forward to many students returning to our College, sharing their endeavours and celebrating their career success.

We recently farewelled Doug Cargeeg, Doug worked at PCSSC for over 12 years. Doug has been an amazing support to the careers team and to many students. We wish Doug all the very best in his retirement and hope to see him in the near future

We look forward to a very eventful year. The careers office is always open at recess and lunch times. For any additional careers support please see Mary Dimech-Hill (Careers Leading Teacher & Counsellor) or Coralie Saunders (Work placement Coordinator).

-Mrs Dimech-Hill

# Our Alumni Program

Recently, we had the great pleasure of inviting three PCSSC Alumni back on campus to support the Careers team with the VCE 12 Careers and Pathways Assembly.



The three alumni involved were: Grace Kim (class of 2017) who is studying B.Civil Engineering & Business Management at RMIT, Zakhi Mehta (class of 2017) currently studying B.Law (Honours) & B.Biomedical Science, and Leighton Dunstan (class of 2021) who will commence university this week at The University of Melbourne.

All three alumni delivered very powerful and relatable messages to our current year 12 cohort so much so, the students were queued up to talk to the alumni after the session! The Yr.12s asked them questions about their tertiary courses, general advice for their final year of school and some just thanked them for their time.



# Our Alumni Program (cont)

We know that our Yr. 12s left feeling more motivated and inspired, so special thanks to

Grace, Zakhi and Leighton for generously donating their time.





If anyone is in touch with PCSSC alumni that would like to join our program, please encourage them to email our Alumni Program Coordinator, Melissa with a brief biography:

Melissa.Patsuris@education.vic.gov.au



- Ms Melissa Patsuris

# SRC Message

Welcome back everyone, we hope you have all had a smooth return to school from the holidays and a very warm welcome to the new members of our school community, whether you are a student, parent, teacher or friend!

To say that the last two years of school have been challenging would be an understatement, however that is why the Point Cook Senior Student Representative Council (SRC) is greatly looking forward to 2022 and the changes and events we have planned for our school and our community. This year is about making up for lost time as we are back on-site for good. This term, we have our annual Harmony Day coming up in Week 9 with Advisory activities planned leading up to the week, and a cultural dress day planned for Friday the 25th of March, with the gold coin donation going towards SecondBite, a charity that assists Australian families experiencing food insecurities.

Our other enduring focus areas for 2022 are mental health and student wellbeing. The National Day of Action Against Bullying and Violence will be taking place on the 18th of March, coinciding with Harmony Week activities. We hope that students are reminded that school is more than a place of learning. It is a community filled with peers, mentors, and our amazing wellbeing team, who help to provide the support we need.

The SRC also welcomes our newly elected members. These students have proven their leadership capabilities and eagerness to make valuable contributions to Point Cook Senior. We look forward to the ideas they bring to the team and how they leave their mark on the school.

In our final year of education, after what has been a tumultuous two years of schooling, we are really looking forward to seeing what the year will bring, and we are excited to represent you as your school captains. We encourage all students to approach us with any ideas and suggestions, and do not forget that you are always welcome at our weekly SRC meetings! We look forward to meeting all of you this year.





Sophia Sadie & Alamgir Ali
 2022 School Captains

# Introducing 2022 SRC Captains

The school's Student Representative Council (SRC) is happy to announce that we have elected our captains for 2022. Congratulations to the new captains, and we look forward to the amazing changes and events you will bring!

**School Captains** 

Sophia Sadie Alamgir Ali

Year 10 Captains

Vincent Ly

Neda Saeidzadeh

Selina Jong

Chantelle Anzaldi

Year 11 Captains

Raymond Kim Aidan Mccarroll

**House Captains** 

Maddie Liu (Dragons) Rafael Serad (Sabres)

Erin Fisher (Demons)

Mahalia Senense (Iroquois)

**Vice-School Captains** 

Richard Sakama

Kim Witono

**Environment Captains** 

Crystal Brooking Josh Baty-Hooper

Community Captains

Vanya Bhardwaj Keziah Magele

**Diversity Captains** 

Mikaela Marcok

Vrinda Rani

**VCAL Captain** 

Gigi Pitcher

# **Tutoring**

Point Cook Senior Secondary College is delighted to share the news that the Victorian Government is continuing the Tutor Learning Initiative (TLI) in 2022. This initiative is designed to address the continued impacts of the COVID-19 pandemic on student learning and engagement in Victoria.

The extension of the initiative will allow us to continue to provide our students who need it most with targeted TLI learning support in the 2022 school year. Despite the continued challenges Point Cook Senior Secondary College and schools across Victoria have faced this year, the TLI has ensured that students, who may have fallen behind or become disengaged, receive the help they need.

Tutors will work with students and teachers within the learning environment to assist in the areas of English and Mathematics. The tutors work with a small group of students for approximately 2 sessions a week. Our tutors are Shannyn Mahon, Sarah Plant, Tracy Ho and Vinh Pham. Most of these tutors have been part of our learning community at Point Cook Senior in the past, either as students or teachers.

At present we have identified and inform students, parents/guardians of those individuals in VCE that will find the program beneficial. We are still analysing student data in year 10, but are working with some individuals, to help them make the transition to senior schooling. Parents/guardians will be informed of year 10 candidates before the end of term.

We are looking forward to a productive and meaningful year of growth to help our students reach their full potential and develop a curiosity for learning. If you have any further questions please get in touch with Shannyn Mahon (shannyn.mahon@education.vic.gov.au).

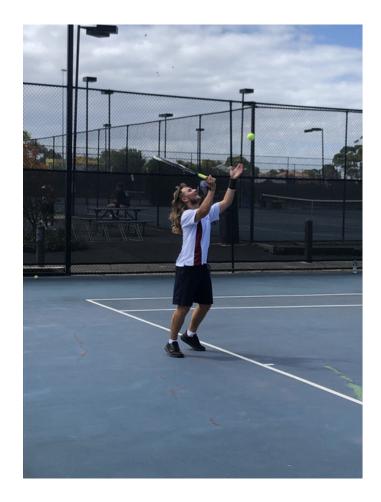
-The Tutor Team – Shannyn Mahon, Sarah Plant, Tracy Ho and Vinh Pham.

# Summer Interschool Sports

Summer Interschool Sport is back at Point Cook Senior!

Top honours go to our Senior and Intermediate Girls Volleyball teams, each winning their events in the Hobson's Bay Divisional tournaments this term. Our boys teams also represented the school well, but unfortunately just fell short of the top spot.

In a sign that sport interest is at a high tide again, our seniors also fielded a Cricket, Tennis and for the first time in years, a Baseball team to send out into competition. Our thanks to all student athletes who gave sport a go! And good luck to the girls in the Western Metro Regional volleyball tournament in Term 2.



- Mr Ryan Phelan

# New Outdoor Learning Space

Before



After





- Ms Marisca Van Der Zwaan

# Cate Kennedy Incursion

On Tuesday 22 February, our Year 11 English students welcomed the author Cate Kennedy into the school to speak about her short story collection 'Like a House on Fire' that they have been studying during this term.

Kennedy provided great insight into her own writing process and what she believes makes a good story.



It was an incredible opportunity for students to be able to hear from Kennedy directly about the collection and her style of writing, and to get the questions they've had all throughout the term answered.

A student even left behind a portrait of Kennedy, which she found remarkably accurate!





- Mr Joseph Karaoutsadis

## **LRC News**

New books should arrive in term 2 and will be on display. We will receive a range of fiction and graphic novels monthly. Have a browse as they will be available to borrow.

From term 2 games will be available to borrow during lunch breaks which includes:

- Cluedo
- Scrabble
- Sea battle (Battleship)
- Jumbling Tower (Jenga)
- Chess
- Checkers
- Line up 4 (Connect 4)
- Uno
- Playing cards

Please return items before class starts.

There is one outside the 400s with new seating for other students to watch.

There are 2x tables side by side undercover near the LRC, hoping that the students will use these two for rally play and competitions.

And still the same one near the 100s as usual

Paddles and balls will be available from the library using their student ID card as a borrowing system. They hand over their student ID card in order to get the equipment and once returned their ID card will be handled back. I think this is a fair way to make sure all the equipment is returned and doesn't go missing as it has in the past. Deb is going to be in control of the this process.

Just a reminder that PCSSC has a BYOD policy. All laptops and chargers are daily loans only. Please return equipment by the end of the day.

See you in the LRC!

- Deborah Borg and Melanie Ruskin

# Year 11 Advisory Day

Students first day back at Point Cook Senior Secondary College included easing them back into our school program. In the morning students were able to spend quality time within their advisory group, going through the expectations for the year, reconnecting with their peers and setting goals for the year ahead.

We had guest speaker, Tim Powell, from Values for Life speak to the students about 'Resilience'. The Resilience incursion took a positive approach to equipping students with coping strategies to deal with the various challenges they experience, both big and small.



Through a variety of interactive activities, games, discussion, stories, multi-media, and video the workshop aimed to provide practical tools that can encourage a growth mindset, skills to problem-solve, seek help where necessary and be proactive in helping others.







Students also took part in fun advisory competitions where students competed to win a series of games. Each class participated in activities such as pictionary, basketball, anagrams, charades and others. It was fantastic to see students working together and taking on a competitive spirit throughout. Congratulations to Advisory 11F for winning the overall advisory competition.

We're so proud of the positive start to school our Year 11s have had this year and we're very much looking forward to providing our students with programs that will create lasting memories at our school over the next two years.

Ms Amie John Year 11 Team Leader

Ms Elise Garro Year 11 Assistant Team Leader

# Memory Games

This week Year 10 Advisory classes continue to investigate study skills for success in senior years. 10G explored techniques on memorization. The class came up with 20 items for a memory game listed below:

1	car	11	pencil case
2	iPad	12	shoes
3	whiteboard	13	chair
4	toaster	14	phone
5	paper	15	xylophone
6	lobster	16	guitar
7	bicycle	17	Zimbabwe
8	order	18	book
9	pizza	19	watch
10	basketball	20	key

Mr. Schorback demonstrated how he could memorize all the 20 items in order, through a strategy that combines visualization with rhythming. For example, 'one' rhythms with 'fun'. One may create a dramatic story based on 'fun' and 'car' such as Mickey Mouse had fun driving a car in Point Cook Senior Secondary College. 'Two' rhythms with 'tooth', 'three' rhythms with 'tree' and 'four' rhythms with 'fall' etc. 10G was amazed and hopefully will make use of the strategy for their learning – not just during their time at Point Cook Senior Secondary College but for the rest of their lives.

Mrs. Ho has another strategy to memorise these items not in order. She created a story to help her memory. "There is a marvellous teacher originally from Zimbabwe. He is well-prepared for classes by bringing paper, a pencil case, and markers for writing on the whiteboard. He goes into classrooms to tidy up chairs before starting. He is so picky with food that he cooks lobster himself. However, he only grabs a slice of toast from the toaster for breakfast to ensure that he is punctual. When he has a busy night, he orders a pizza for dinner. He is a rather old-fashioned person wearing black leather shoes and a leather watch. He drives an old car that needs a physical key to unlock the doors. He has a fancy phone and iPad merely because most of his friends have them. Since he is sporty, he does play basketball with his mates and enjoys bicycle riding. At times he goes sentimental playing guitar and xylophone. For some quiet time, he reads a book during the weekends."

10G will discover other strategies for the rest of the term but also have fun together.

- Mrs Tracey Ho

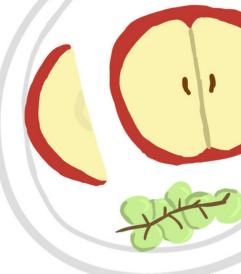
# BREAKFAST everyone is welcome - CL

Our Breakfast Program has been supporting students in need for 9 years now!

> Not only does our program provide students with a fulfilling breakfast to start their day with, but it also improves student wellbeing, supporting their outcomes.

> > Everyone is welcome to attend and enjoy a free breakfast and a carefree environment to start their school day.





Join us and build positive relationships with staff and students!

when? Fridays 8:00am-8:30am

## REMINDERS

### **KEY DATES SEMESTER 1**

14 Mar Labour Day

15 Mar Curriculum Day - Students Free Day

21 Mar Hobsons Bay Swimming Carnival

28 Mar Year 10 Immunisations

31 Mar WMR Swimming Competition

1 Apr Year 12 Formal

7 Apr Parent Teacher Student Conference -

**Evening** 

8 Apr Parent Teacher Student Conference -

Morning

8 Apr Year 12 Further Maths SAC

8 Apr Term 1 Ends

26 Apr Term 2 Commences

5 May Girls AFL/Boys Netball

10 May Winter 1 Sport Day Seniors

20 May School Athletics Carnival

23 May Hobson's Bay Division Cross Country

24 May Winter 1 Sport Day Intermediate

30 May - 3 Jun Year 10 Revision Week

30 May - 3 Jun Year 11 Revision Week

2 Jun Year 11 Alumni Presentations

6 - 10 Jun Year 10 Exam Week

6 - 10 Jun Year 11 Exam Week

13 Jun Queen's Birthday

14 Jun Assessment/Moderation Day -

Students Free Day

16 Jun WMR Cross Country

24 Jun Year 12 English Orals Day -

No Year 12 VCE Classes Running

24 Jun Term 2 Fnds

Please note that due to COVID-19, these dates are likely to change. We ask that you stay updated through Compass reminders.

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# REMINDERS

### <u>ATTENDANCE</u>

Student attendance information is available on Compass, including the option to approve absences and input requests to leave early for an appointment.

### Late Arrival To School

Students are requested to use the Compass card to sign in at the Compass Kiosk at the front of the school.

Students who do not have cards can report to the attendance office.

### Early Leave

Parent approval is required for any student requesting to leave early.

This can be done either by having parents enter approval on Compass or contacting the attendance office.

Students are required to provide a medical certificate when absent from a VCE class or assessment

# Attend Today, Achieve Tomorrow



### Majority of our communication with parents at PCSSC are made through the Compass Parent Portal.

All parents have a portal account that provides access to:

- reports
- attendance information
- absence requests and approvals
- school photo ordering, teacher email contact
- booking for parent-teacher interviews
- calendar of events
- excursion consent/permissions and
- news items to keep you updated with what is going on.

### If you are a CSEF (Camps, Sports & Excursions Fund) recipient,

please contact the school before consenting to any event so that we can adjust the costing.

### To access your account:

- 1. go to the College's homepage: <a href="https://www.pointcooksenior.vic.edu.au">www.pointcooksenior.vic.edu.au</a>
- 2. click on the Compass Portal icon

OR

directly go to Compass login: <a href="https://pointcooksenior-vic.compass.education/">https://pointcooksenior-vic.compass.education/</a>

### If you are having trouble accessing your account,

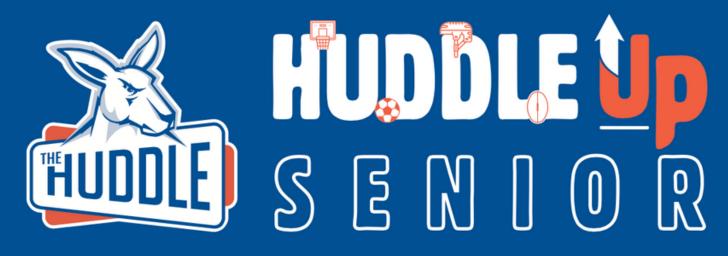
click on the "Can't access your account" and follow the prompts to access it using your username, email address or mobile number.

### If you need guidance on how to navigate the Compass Portal,

please contact the school or see the 'Compass Help' page on the school website.



Password		



## FREE MULTI-SPORT PROGRAM FOR STUDENTS IN YEARS 7-12.

All participants above the age of 12 must be fully vaccinated'



### WHERE

Point Cook Senior College

### WHEN

Every Thursday 3.00-4.30pm: Years 10-12 | 4.30-5:30pm: Years 7-9 Starting February 17

### SCAN QR CODE TO REGISTER

For more information, contact Steph at stephenie.webb@nmfc.com.au





CONNECT WITH THE HUDDLE:





### Community health centres

Information, referral, counselling and support groups

9377 7100 cohealth (North/West/CBD) cohealth.org.au

5367 2000 Dierriwarrh Health (Bacchus Marsh, Melton dihs.org.au Caroline Springs)

**IPC** Health 9296 1200 ipchealth.com.au (Brimbank, Wyndham, Hobsons Bay)

### Income support

Ring Centrelink on 136 150 and ask for an appointment with a social worker

### Emergency accommodation

Crisis Contact Centre 1800 627 727

Yarra Community

1800 825 955 Housing

Melbourne Youth Support 9614 3688

### Support for victims/survivors of sexual assault

WestCASA 9687 5811 CASA House 9635 3610 Victims of Crime 1800 819 817

### Support for men who want to change their behaviour

Men's Referral Service 1300 766 491 MensLine Australia 1300 789 978 LifeWorks 1300 543 396

### Other useful services

WIRE 1300 134 130 Kids HelpLine 1800 551 800 Parentline 13 22 89 Relationships Australia 8311 9222



#### Women's Health West

P 9689 9588 E info@whwest.org.au W www.whwest.org.au Current as at July 2016

### Life without family violence



**English** 

### If you need an interpreter

First ring the Telephone Interpreter Service 13 14 50 (24 hours)

### **24 HOUR EMERGENCY NUMBERS**

POLICE - 000

SAFE STEPS FAMILY VIOLENCE RESPONSE CENTRE

1800 015 188

SEXUAL ASSAULT CRISIS AND COUNSELLING LINE 1800 806 292

### These services may be able to help you

### Family violence support services

Women's Health West provides information, counselling, crisis and court support for women and children affected by family violence P: 9689 9588

W: whwest.org.au

### inTouch Multicultural Centre Against

Family Violence supports women from diverse backgrounds who are experiencing family violence P: 1800 755 988

W: intouch.asn.au

### Elizabeth Morgan House Aboriginal

Women's Services provides support for Aboriginal women in relation to family violence P: 9482 5744

W: emhaws.org.au

### Community legal services

communitylaw.org.au

Brimbank	8312 2000
Flemington/Kensington	9376 4355
Footscray	9689 8444
Melbourne	9328 1885
Melton	9747 5240
Moonee Valley	9376 7929
Werribee	9749 7720

### **Magistrates** courts

Broadmeadows	9221 8900
Melbourne	9628 7777
Sunshine	9300 6200
Werribee	9974 9300

### Other legal services

Aboriginal Family Violence Prevention & Legal

Service 1800 105 303 Women's Legal Service 8622 0600

1800 681 614 Court Network

# Canteen Menu

### JUDE FINA FOODS

### Breakfast

Egg & Bacon Muffin 4.0 Ham & Cheese Toastie 3.5 Ham, Cheese & Tomato Toastie 4.0

Hash Brown (Oven Baked)

Cheese & Spinach Roll 4.0 v

### Recess Selection

Roll 4.0

Assorted Dim Sims,

Potato Snack from 1.2

Sweet Chilli Chicken Wrap (Warm)/

Toasted Bacon & Egg on

Chicken Wrap 5.0

Beef Pie (Salt Reduce) 4.0

Homemade Pizza Slice from 3.0

Nacho with Salsa,

Tasty Cheese 4.0 v GF

Chicken Burger w Lettuce, Mayo 5.0

Chicken Schnitzel Panini w Lettuce, Cheese & Mayo 6.0

Angus Beef Burger with Cheese, Tomato Sauce 5.0 Hot Dog with Topping (optional) from 4.0 Noodles Assorted Flavours 3.2

#### Lunch Selection

Homemade Pasta 4.0s 5.0Lg (see Canteen) Stir Fry or Hokkien Noodle-beef/chicken 4.0s 5.0Lg (see canteen)

Stir Fry Vegetarian Rice 4.0s 5.0Lg v (see canteen) Vegetarian Quiche Slice 4.0 v (see canteen Roast Beef Roll with Gravy 5.0 (see canteen) Baked Potato with Sour Cream 4.0 v GF (see canteen) Homemade Soups (Term 2 & 3) 4.0 v GF

Beef Pie (Salt Reduce) 4.0

Chicken Burger w Lettuce, Mayo 5.0 Chicken Schnitzel Panini w Lettuce, Cheese & Mayo 6.0 Chicken Parma Panini w Napoli Sauce & Cheese 6.0 Pork Riblett Panini with Lettuce & BBQ Sauce 6.0 Angus Beef Burger with Cheese, Tomato Sauce 5.0 Dim Sims 1.2

Homemade Pizza Slice from 3.0 v Meatball Sub with Napoli Sauce & Cheese 5.0 Veg Sub w Cos Lettuce, Tomato, Red Onion, Mayo 5.0 v

#### Sushí

2 Rolls from 6.0 Chicken Teriyaki, California, Tuna & Avocado.

### Cold Deli Selection

Fruit Salad with Yoghurt 4.5 Garden Salad with Italian Dressing, Greek Salad, Taboli, Roast Veg Vegan & Cous Cous Roast Veg 5.0 Yoghurt with Berries 4.5 Jelly 1.5

In Season Fruit From 1.0

ORDERS CAN BE PLACED VIA THE QKR APP &

THROUGH THE CANTEEN Gkr



Download the Qkr app on your mobile or iPad today!

## Canteen Menu

#### Sandwiches

Made to order

Assorted Breads

Salad - Lettuce Tomato Cucumber Carrot

Salad add Ham 4.5

Salad add Chicken 4.5

Salad add Cheese 4.5

Egg & Lettuce 4.0

Tuna, Lettuce & Tomato 4.5

Chicken Lettuce & Mayo 4.5

Chicken, Avocado & Cheese 5.0

Ham, Cheese & Tomato 3.5

Cheese & Tomato 3.0

for Rolls or Wraps

Add 1.00

Gluten Free Available upon Request GF

#### From The Bakery

Assorted Gourmet Pies 5.0

Sausage Roll 4.0

Assorted Muffins 4.0

Assorted Slices 3.5

Vegetable Pastie 4.0 v

Iced Donut from 3.0

#### Coffee

40

Barista made Coffee, Hot Chocolate from 3.0

Hot Drink & Donut Special 5.0

COMING SOON!

#### Drinks

500ml Deep Spring Mineral Water Varieties 3.5 500ml Ice Tea Varieties 4.0 750ml Pump Flavoured Water 4.5 450ml Mt Franklin Sparkling Flavoured Water 3.0

300ml Oak Milk Flavoured 3.0

600ml Oak Milk Flavoured 4.0 300ml Keri Juice Varieties 3.5 250ml Fruit Box Varieties 3.0 200ml Coke No Sugar, Sprite 2.0

#### Ice Creams

Assorted Paddle Pops 2.0 Mini Callippo 1.5 Paddle Pop Thickshake 2.5 Icy Twist 1.5

### Snacks Options

Delites 1.0 Red Rock Deli Chips 3.0 Assorted Muffins 4.0, Assorted Slices 3.5



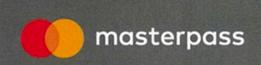






VISA Masserger Strong 3.00 Minimum





Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

### With Qkr you can:

- Order and pay for your child's lunches, reducing the need to bring cash to school;
- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



### Getting started is easy - try it yourself today

### Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app





### Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

### Step 3 Find our school

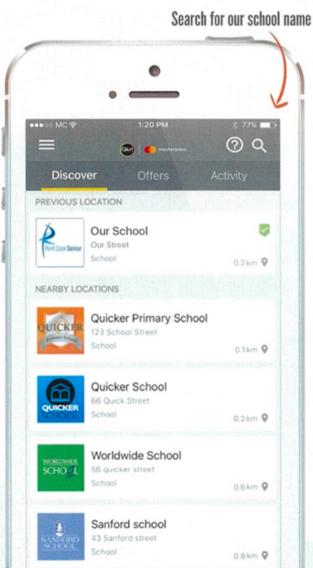
Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

### Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them. If you have made a purchase you can select our school from 'Previous Location'

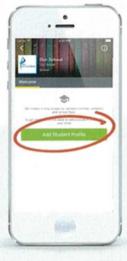


If you're within 10 kms of the school, you can select our school from 'Nearby Locations'

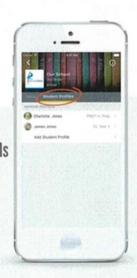


### Add your children's details in Student Profiles

Select 'Add student profile'







Manage each child's details in Student Profiles

### Order meals

Select a menu from our canteen



Tap the green box to view your receipt or to cancel an order



Select a date for a child and order a meal

Add each

Tap 'Repeat order' to copy all paid orders from one week to the next



Tap to change the date you are ordering for

Tap to change the child you are ordering for

Tap 'Checkout' then confirm and pay

### Making payments



### Add up to 5 cards to your wallet





At checkout select which card to pay with.

Pay with any cards accepted by the school.

Once your payment is approved you can continue to the home page, or view your receipt.

# RE-CYCLE YOUR CYCLE



Bicycle Donations Needed

### DO YOU HAVE AN OLD, UNWANTED BICYCLE YOU NO LONGER NEED OR USE?

Preserve the environment and donate it to the West Metro Community Work Team's Fix the Cycle Program!

In the program young offenders are taught to repair, refurbish and overhaul old and disused bikes.
Once completed, the bicycles are donated to community members who most benefit from a sustainable method of free private transport, such as teenagers coming from disadvantaged backgrounds and refugee families who are newly settled in Australia.

For donations contact the CW Team on: 1300 389 518

Westmetro.communitywork @justice.vic.gov.au





### Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.



lessons & activities







camps & excursions

To join Saver Plus, you must be at least 18 years or over, have a child at school or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment\*

### Contact

vour local Saver Plus . Coordinator

### Phone or SMS

your name and postcode to 1300 610 355

#### **Email**

WerribeeSP@ thesmithfamily.com.au

#### **Online**

saverplus.org.au

Find us on Facebook







<sup>\*</sup> many Centrelink payments are eligible, please contact your local Coordinator for more information.